



## Avondale Early Learning Center 2020-2021 Food Services

Our preschool students may purchase lunch (\$2.85) or bring their own lunch from home. Lunch is served Monday through Friday at 11:30 am.

**New This Year:** The Early Learning Center will be providing a nutritional morning and afternoon snack for each student. Our students will learn how to make nutritious choices, discover a wide variety of different foods, and develop healthy eating habits.

Meal and snack times are prime opportunities for extending high-quality teaching practices and child learning outcomes across the curriculum. Teacher modeling, facilitating, and thoughtful planning will lead to an atmosphere that encourages children to:

- Practice emerging independence by using child-sized containers and utensils, allowing preschoolers to set tables, pour beverages, serve themselves, and clear their places.
- Interact in a pleasant social atmosphere as they participate with peers and adults in decision-making, sharing, communication with others, and practicing good manners during family-style mealtime settings.
- Learn healthy habits, such as hand-washing.
- Develop mathematical understanding by counting, sorting, patterning, and practicing one-to-one correspondence facilitated by adults who capitalize on teachable moments during meals and snacks.
- Experience the richness of all cultures through diversity in food and food customs.
- Explore the science of food preparation.

### Easy Access to Menus

Avondale Schools, in partnership with Chartwells K12, is using Nutrislice to publish the school menus to a new interactive website and a free smartphone app! Now you can access your menus anywhere!

### Using the Website

1. Go to [avondale.nutrislice.com](http://avondale.nutrislice.com)
2. Select the grade level of your school.
3. Select the school menu you wish to view.
4. Once within the site, you will see the menu is interactive. If you hover over a food, you will be able to see an image and a description.

### Using the App

1. Go to [avondale.nutrislice.com](http://avondale.nutrislice.com)
2. Select your state, followed by your school district.
3. Select the grade level, school, and then the school menu you wish to view.
4. Once within the menu, you will be defaulted to the current day. You can select a food to find it's description.

**Menus will be posted in each classroom by month**