



## Avondale High School Counseling Department Personal & Social Concerns

If you need to meet with a counselor, please sign up in the Counseling Office. You may also email your counselor by clicking the appropriate email address below.

Dr. Pamela Charleston-Lyons (A-G)

[pamela.charleston-lyons@avondaleschools.org](mailto:pamela.charleston-lyons@avondaleschools.org)

Ms. Lisa Evans (H-O)

[lisa.evans@avondaleschools.org](mailto:lisa.evans@avondaleschools.org)

Ms. Kim Olsvak (P-Z)

[Kimberly-olsvak@avondaleschools.org](mailto:Kimberly-olsvak@avondaleschools.org)

### **Avondale Youth Assistance**

Avondale Youth Assistance (AYA) has maintained a long-standing partnership with the Avondale School District offering counseling and prevention services to Avondale students and their families in pursuit of its mission to prevent juvenile delinquency. Visit [www.avondaleschools.org/parent-resources](http://www.avondaleschools.org/parent-resources) and view the Youth Assistance Resources section for more information.

### **Outside Counseling Resources**

While the Avondale High School Counseling Department strives to meet the needs of each student, it is important to remember that counselors do not provide therapy within the school setting. The counselor is available to meet with students in crisis, and will then refer students and parents to outside community resources for more extensive help. There are many services available within our community for parents and students to turn to if they are struggling with social and emotional issues.