

## Avondale Occupational Therapy Resources

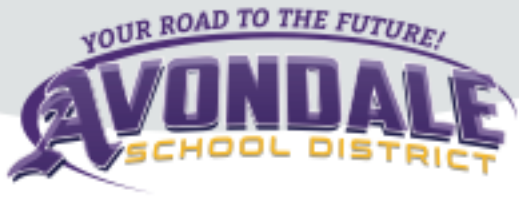
Occupational and physical therapists collaborate with the educational team to address student needs. They work with a variety of people such as:

- students, to improve their performance in a variety of learning environments (playgrounds, classrooms, lunch rooms, bathrooms, etc.) and optimize their performance with adaptations & accommodations;
- parents, to help them support their children’s learning and participation in school;
- educators and other school support staff, to plan and develop activities and environments that include all students;
- para-educators, to support child success and promote safety within the school environment (e.g., physical and behavioral assistance needs); and
- administrators, to provide training for students, staff, and parents, as well as to recommend equipment for schools and ways to modify existing buildings and curriculum to allow access for all.

An occupational therapist addresses needs in the areas of fine motor development & sensory processing to enhance independence and function, such as grasping, printing, coloring, cutting, and self-care.

### Occupational Therapy Resources

<b>Downloadable Documents</b>	
Activities to Facilitate Development of Upper Extremities	<a href="#">View Article</a>
Handwriting Suggestions	<a href="#">View Article</a>
If a Student Writes Too Lightly	<a href="#">View Article</a>
Basic Sensory Diet Information for Parents	<a href="#">View Article</a>
Fine Motor Ideas	<a href="#">View Article</a>
Shoe Tying Tips	<a href="#">View Article</a>
Typically Alerting or Calming Activities	<a href="#">View Article</a>
<b>Articles &amp; Links</b>	
Why Kids Should Work on Vertical Surfaces	<a href="#">View Article</a>
Surprising Cause of Attention Problems in Kids	<a href="#">View Article</a>
Assistive Technology for Kids Struggling with Handwriting	<a href="#">View Article</a>
10 Reasons to Use a Visual Schedule	<a href="#">View Article</a>
DIY Pencil Grip to Improve Handwriting (Video)	<a href="#">View Article</a>
Steps for Scissor Skill Development	<a href="#">View Article</a>
Functional, Immature & Inefficient Grasp Patterns	<a href="#">View Article</a>
How Alternative Seating Can Improve Focus/Attention	<a href="#">View Article</a>
Apps for Students with Special Needs	<a href="#">View Article</a>



### Contact Information

The information contained in this document is not intended or implied to be a substitute for professional medical advice. If you have further questions and would like to speak to us directly, please contact us by email.

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